

**School of Arts, Humanities and Social Sciences**

**CIRCULAR**

19 February 2017

**CAREER DEVELOPMENT**  
**WORKSHOP-**  
**COUNSELLING AS AN**  
**IMPORTANT THERAPY FOR**  
**MENTAL HEALTH AND ITS**  
**CAREER PROSPECTS**

Date: 11<sup>th</sup> February 2017

Speaker: Mr. Rhine Dubey, Psychologist

**Registration:**

Interested students can register their names with faculty Coordinator

**Faculty Coordinator:**

Dr. Prathibha (9916692157)



**Dr. Payel Dutta Chowdhury**

**Director**

**School of Arts, Humanities & Social  
Sciences**





**REVA**  
**UNIVERSITY**  
Bengaluru, India

**SCHOOL OF ARTS AND HUMANITIES**

**“Report on career development”**

The School of Arts and Humanities, Reva University organised a three hour session on “Counselling as an important therapy for mental health and its career prospects” on 11th February 2017 for students of B.A. English. The students had a three hour session with the Chennai-based Psychologist and student counsellor Rhine Dubey. During the session, Dubey spoke about the scope and need for counsellors, psychologists in India. She emphasised on the skills the students should develop to pursue the profession. She highlighted on developing verbal communication, qualities such as patience, care and understanding to become good counsellors. In the next two hours students witnessed video slides on how counselling is done for the teenagers and children. Dubey also reflected upon her personal learning experiences in the industry. The students learnt the importance of counselling and understood the job market for psychology in India and abroad. During the last twenty minutes of the session students enquired in detail about various courses available in India and abroad to pursue psychology. Students also put forward their queries on how to improve their verbal communication skills. Dubey spoke in detail on how the students can equip themselves with skills while pursuing their graduation. Over all students were benefitted by the session.

**Director**

**School of Arts, Humanities  
& Social Sciences**  
REVA University, Rukmini Knowledge Park  
Kattigenahalli, Yelahanka, Bangalore-560064.



## Attendance

**Program Name:** Career Development -Counselling as an important therapy for mental health and its career

**Date:** 11<sup>h</sup> February 2017

SL NO	SRN	NAME
1	R17BJ001	AISHWARYA A INCHAL
2	R17BJ002	AISHWARYA K
3	R17BJ003	AJAY BHARDWAJ C N
4	R17BJ004	ALMAS A
5	R17BJ005	ANGEL MARY MARTIS
6	R17BJ006	ANNIE MERCY
7	R17BJ007	AOTULA PONGEN
8	R17BJ008	AYAZPUR VENKATA RAVI TEJA
9	R17BJ009	BISHAL BHATTARAI
10	R17BJ010	BUVANA S
11	R17BJ011	C V JERRIN KALAPPA
12	R17BJ012	CHAITRA N
13	R17BJ013	DARSHAN AIYAPPA
14	R17BJ014	DIANA DABDI
15	R17BJ015	FARHEEN KHAN

16	R17BJ016	GANDLA BHOJANAM VENKATA NAVANEETH
17	R17BJ017	GAURANGI MANOCHA
18	R17BJ018	GAYATRI DUTTA
19	R17BJ019	HEMANTH KUMAR B
20	R17BJ020	KADIMI LENORA SUKEERTHI
21	R17BJ021	KANNAN R
22	R17BJ022	KARTHIK K
23	R17BJ023	KAVYA SHREE R
24	R17BJ024	LAXMI DAMAI
25	R17BJ025	MANJULA SANDEEP



**Dr. Payel Dutta Chowdhury**

**Director**

**School of Arts, Humanities &  
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